



With advances in health care, people with developmental disabilities are living longer than ever before.

Today, when they are ready to explore retirement options, they have a ...

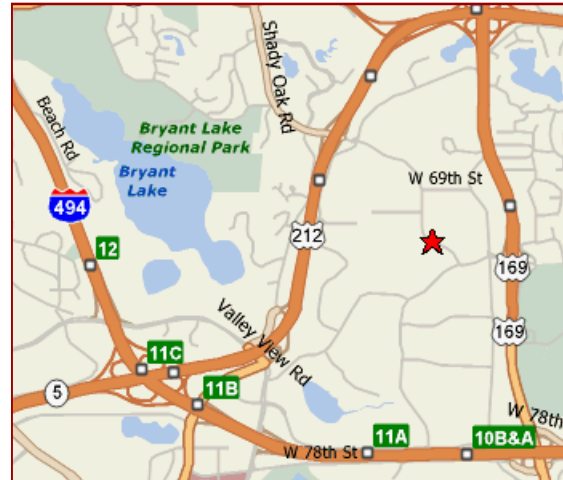
Golden Opportunity

- to stay active in the community
- to sing, dance and celebrate life
- to exercise and play games
- to continue learning new skills
- to work or volunteer if they choose
- to enjoy an environment that accommodates their changing needs



Golden Opportunity

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Golden Opportunity

A new retirement option for adults
with developmental disabilities



Opportunity Partners' **Golden Opportunity** is a new option for people with developmental disabilities who are aging.

The program offers a wide range of resources to support and enhance the lives of participants. They will have opportunities to develop community connections with other seniors, access community resources, work part-time, take personal development classes and enjoy their retirement.

Specialized care is available for people with memory loss. The focus is on coordination, creativity, motor skills, strength building and safety.

Retiring from employment, not from life!

In Golden Opportunity, participants are grouped according to their diverse interests, abilities and needs. Three levels of activities are available every day.

Level One -

Active: Providing opportunities for socializing, exercising, going on group outings and learning new things. Approximately 50% of activities take place in the community.

May be combined with part-time employment and education.



Level Two - Transitioning: Ideal for people with disabilities who are facing medical challenges, but still want to participate in outings. Approximately 25% of activities take place in the community, but are generally low-energy and of short duration.

Level Three - Comforting: For participants who require the most support due to medical or emotional concerns. Indoor activities and predictable schedules offer a sense of stability and security.

At Every Level - Caring Staff

Golden Opportunity offers a low staff-to-client ratio that ranges from 1:4 to 1:8 depending on clients' needs. The program also provides the personalized care of on-site nurses, and physical, occupational and speech therapists.

For more information, please contact:

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- A professional staff trained in aging issues and Alzheimer's disease
- Comfortable, home-like surroundings
- Flexible activity schedule including exercise, music, dance, games, computers, cooking and other activities that seniors request
- Opportunities for part-time employment and volunteering for those who wish to participate
- Outings to coffee shops, craft shows, museums, restaurants, malls and other sites popular with seniors
- Safe, flexible transportation offered through Metro Mobility certified providers and Opportunity Partners staff
- Cost to participate is the same as current DTH rates

Golden Opportunity will serve up to 42 clients in a new one-story center.



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a program of Opportunity Partners